## SHINE

During Term 4, the Prep students will focus on reestablishing classroom and school expectations having spent so much time away from the classroom this year. Students will engage in a range of different *Circle Time* activities, forming strong connections within the classroom. In conjunction with our respectful relationships program we will cover topics such as managing feelings and emotions and building positive relationships.

The school will celebrate a special SHINE day in November, focusing on our school value of Kindness.

Towards the end of the term, the students will explore how to positively cope with challenging situations and change. Students will explore what challenges them and what makes them feel unsure or anxious. They will discuss warning signs, identifying their various feelings along with a variety of strategies that they can use to help them manage their emotions. This unit will assist students with the transition into a new classroom for 2021.

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