

# Physical Education

*During Term Four, students in Prep will complete a unit of work focused on the fundamental skills of throwing and catching. The ability to throw and catch are critical to a lifelong enjoyment of ball games. The ability to watch/track the ball, get the hands ready to catch and to provide a 'soft' place for the ball will be the focus. Once the skills are established and understood in isolation we will bring those skills into game situations where they are used more dynamically.*

*As the term progresses, students will continue to develop their hand eye co-ordination through a unit on tennis. We have received sporting schools funding to assist with the buying of equipment. Hot Shots tennis is an age appropriate activity that allows students to try tennis in an accessible way. We use appropriately sized racquets and slow bounce balls to assist in our tennis delivery.*

*In Prep to 2 Sport, students will develop their fundamental motor skills and game sense skills under the guidance of our Sports Academy students.*

