

# Clifton Springs Primary School A PLACE TO SHINE

Newsletter No. 4

Tuesday February 23rd 2016



Winners of the

House Swimming Carnival,

**CORIYULE!** 

**House Captains** 

Georgia Kavanagh, Baillie French & Adam Towse



Principal—Mr. Brent Richards Assistant Principal—Mr. Ben McCredden School Council President—Mrs. Stephanie Towse

**Email:** clifton.springs.ps@edumail.vic.gov.au **Website:** www.cliftonspringsps.vic.edu.au

80—118 Jetty Road, PO Box 276, Clifton Springs, 3222

Phone: 5251 3581 Fax: 5251 3405

#### BRENT'S BANTER

Assembly presentation by 56G

#### **School Council Nominations**

School Council Nominations closed yesterday at 4:00pm and as there was the same amount of parent nominations as positions vacant, we will not need to hold a ballot.

As Department staff nominations exceeded the number of positions available, the staff will go through a staff vote to elect their representatives on Council.

The 2016 School Council will be announced after the March AGM.

#### School Council Meeting last week

I would like to thank the current School Councillors for their contributions over their term and look forward to catching up with them for the final time in our handover meeting next month. This will be where the old Council closes it's business and the new Council opens it business for the coming year. At this meeting the Council will also nominate its community "co-opted members" for their terms. If you are keen to be involved in the governance of the school, you can volunteer to be a member of one of the School Council Sub Committees which will be set up at our next meeting. Current subcommittees include, Finance, Policies, Outside School Hours Care, Parents & Friends Group, SRC, Canteen, Environment and hopefully Fundraising in our new Council. These committees meet through the year to do much of the pre-work and make recommendations to Council from there.

#### Parents in the corridors

As is often the case at the start of each year, we have a lot of people in the corridors at the start of the day and at the end of the school day as well. While we understand that this is often to assist students to settle in initially, we do need to remind parents that they should drop students off and pick them up from their line up areas not from in the corridor. This is important as it keeps the corridors clearer for students and staff to move around freely and avoids congestion in the corridors and bag areas. You should only be in the corridor if you need to drop something off at the office or need to see the teacher briefly before 8:50. It is particularly important at the end of the day as classes should be working right through to 3:30pm and if there are a large number of parents chatting in the corridors this can also generate distractions from their learning. So unless there is a specific or pressing reason for you to be in the corridors, I encourage you to drop off and pick up from the student line up areas.

#### Portable upgrades

It was wonderful to have our Year 5/6 students finally in their newly refurbished portable classrooms which have been quite some time in the making. The science room is having the finishing touches added to it at the moment and will come online this week as well. I would like to commend the students and staff for their patience and I know that they, and the specialist programs, are very much looking forward to getting down to business in their respective rooms this week.

The remainder of the works are going out to tender shortly and we hope work to start around mid year with all things going to plan.

#### 3-Way Conferences—Tuesday March 1st

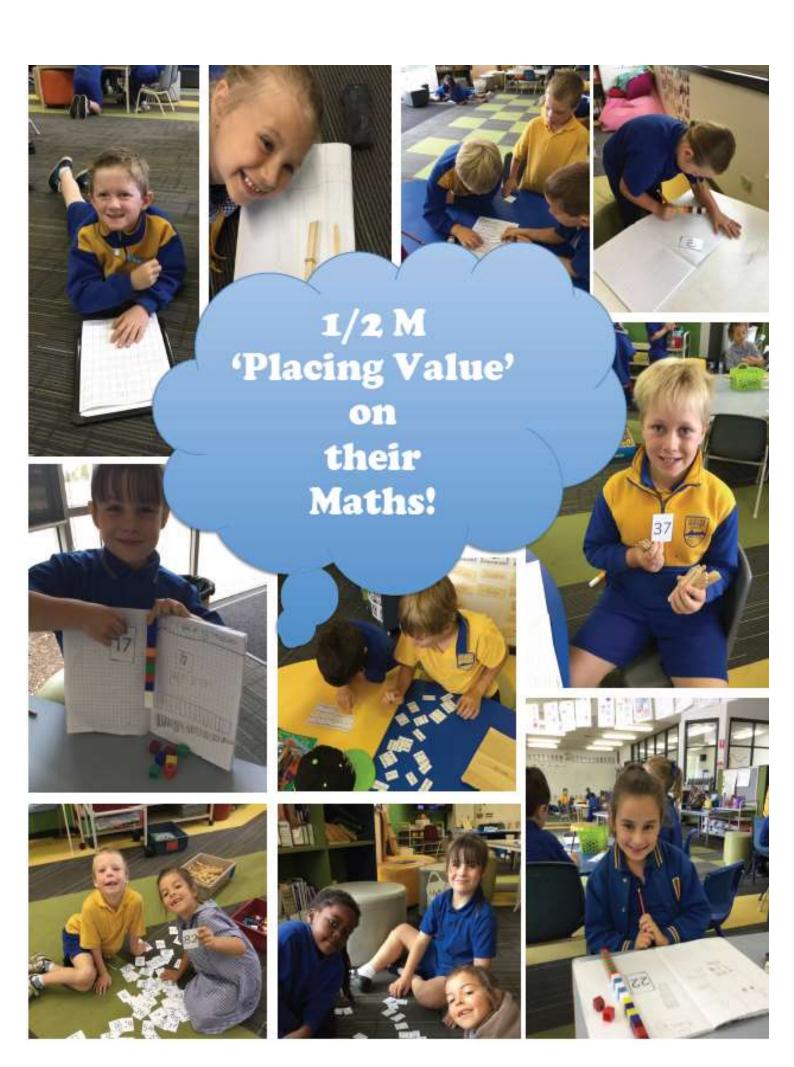
Online bookings for 3-Way Conferences have been open for a week and will remain open until 10am March 1st .If you haven't yet made an appointment to see your child's teacher, please do so as soon as possible. If you are unavailable on March 1st, please contact your child's teacher to arrange a different time or day. The online booking portal is available at www.schoolinterviews.com.au . It is possible to make your booking on an iPad at the office if you are having difficulty with this at home.

#### **CSPS Phone Systems**

As you may be aware, our phone system has been problematic for some time, particularly since the water damage it received earlier this term, and it has caused significant issues for staff and families alike. I have been lobbying various elements of the Department in an effort to get this system and our PA system replaced for some months now. We are hoping that we will be receiving some positive news on this front in the near future as these ongoing problems have been extremely frustrating for all areas of our community. If you have difficulty getting through on the phone, please keep trying.

Until next week I wish everyone a wonderful week and remind all families that maximising attendance is a critical factor in your child achieving their potential so, remember it's not OK to be away unless you're sick!

Brent Richards, Principal



#### Clifton Springs Primary School House Swimming Carnival

On Tuesday 16<sup>th</sup> of February Liz Hales and myself had the pleasure of organising the House Swimming Carnival at Geelong Aquatic Centre for Years 4-6. It was a fantastic morning of swimming, friendly competition and House rivalry!

We had a high level of student participation in the 25m Freestyle, Backstroke, Breastroke, mixed age relays and novelty events. There were some fantastic individual performances across the morning with many students competing in Personal Best Time.

A small group of students challenged themselves by competing in the 50m events, with some recording a time that has qualified them to represent Clifton Springs at the Division Swimming Competition. One of the highlights of the day was the fantastic leadership shown by the House Leaders and Sports Captains. Well done to the Age Group Champions and to all Coriyule swimmers who helped them take out the House points on the day in a very closely contested competition.

A special thank you to all the parents who helped out with duties on the day, we could not have done it without you.





Luke Arends, Emma Aspland, Caitlin Gibbons, Georgia Kavanagh, Baillie French, Sarah MacDonald, Imogen Hillier, Tarah Saric, Lilia Ross, Adam Towse, James Gorski, Rose Lewis, Trinity Smith, Ruby Wright, Ceejay Bassett, Hunter Jervies, Millie Page, Ava Sugden, Katelyn Miller, Hunter Peers, Bronny Illsley, George Panoutsopoulos, Alyssa Clark, Lincoln Everett, Josie Taylor, Madalyn Waugh, Rosa Mujati, Georgia Rogers

STUDENT REPRESENTATIVE COUNCIL



Katelyn Miller, Ceejay Bassett Malintha Galagangodage, Rose Keating, Adam Towse, Millie Page, Blake Rogers, Molly Foster-Owens, Jethro Adams, Geoffrey Beck, Jaymee McIntosh, Lauren Murray, Georgia Rogers, Amy-Lea Westwick, Darby Ferguson-Cumming, Bronny Illsley

## CAMPS, SPORTS & EXCURSION FUND (CSEF)

If you hold a Health Care Card, Pension Card or are a Foster Parent, you may be eligible for the CSEF.

You can receive \$125 per child which can go towards the cost of your child participating in any sports, camps or excursions.

Any unspent money will be carried over to the following year.

Contact the school Office with any queries. Application forms were sent home with the eldest child in each family last week

#### APPLICATIONS ARE DUE NOW

### SCHOOL HOME MADE TOMATO SAUCE



NEEDED-

Some clean ice cream containers, 1lt, 2lt or 4lt, to freeze the tomatoes until the sauce is made.

We also need lots of GLASS bottles, (not plastic bottles or jars) clean and without labels would be greatly appreciated! Please leave them at the office.

Cheers, Paul (the Gardener!)

#### YEAR 6 UNIFORM HAS ARRIVED

The Year 6 uniform has arrived and can be collected from the office once final payments have been made.

#### DRYSDALE MARKET FOOD VAN

A very big thank you to our volunteers once again for last Sunday. There was a lot on around Geelong so we were appreciative of your time. Welcome to Melanie Taylor who joined the team this month!

#### HOUSE SWIMMING RESULTS

<b>Springs</b>	3rd	153
Dell 4	th	119
Coriyule	1st	186
Bayshore	2nd	156



Congratulations to the following students who were the Age Group Champion of their respective age groups.

<u>Age</u>	<u>Male</u>	<u>Female</u>
9/10	Cameron Frankovic	Heather Douglas
11	Lincoln Everett	Alannah Gorski
12/13	James Gorski	Katelyn Miller

Congratulations and good luck also to our team of 20 students who will be competing at Kardinia Pool on March 4th in the District Swimming competition.

We know they will represent our school with pride!

## BRINGING THINGS FOR STUDENTS INTO SCHOOL DURING SCHOOL HOURS

Just a reminder to parents that if you need to bring something to school for your child during school hours e.g. lunch or canteen money, we request that you leave it at the office and our office staff will deliver it to your child as this is less disruptive for the class.

Legally every parent is required to sign in at the office before entering school grounds <u>during school hours</u> so please enter via the front door only.

#### **Needed Urgently for the Art Room**

In the art room we are currently in need of clean aluminium drink cans for an art activity. Any type will do – (soft drink or energy drink, no alcohol cans please) as long as they are well rinsed and not crushed. A variety of colours would be great & they can be left at the office.



#### Moonlight Movie Night March 4th

Our very first Moonlight Movie Night is rapidly approaching and we hope that you have been polishing your deck chair in anticipation. The movie for this event will be Pixels. We are hoping to fill our basketball court area with blankets, deck chairs and bean bags ready for what will hopefully be a wonderful warm night of fun under the moon and starts. See below for ticket information. *Tickets available from the Office NOW!* 



#### **ASSEMBLY** Friday February 26th at 3pm

PH-Zac Carroll

PJ-Madalyn Sims

PN-Brody Meek

12B-Liam Convery

12K-Jet Smith

12M—Grace MacDonald

12P-Patrick Loader

12R-Jordan Venables

34B-Mahli Kraus

34C**-**TBA

34P-Ella Reid

56D-TBA

56G**-**TBA

56H-Sarah MacDonald

You've Farned it Award— Gus Duthie

#### NUT/EGG/SEAFOOD ALLERGY ALERT

Please be aware we have children with life threatening allergies to PEANUTS, TREE NUTS, SEAFOOD and EGGS at this school.

Children are asked not to bring any foods containing nuts or sesame seeds to school. Please encourage all children to wash their hands after eating any peanut/nut products.

#### OUTSIDE SCHOOL HOURS CARE

This week at OSHC we will be Cifco Springs creating colourful sponge print artworks, making popstick constructions, playing dodge ball and cooking chocolate crackles.



Our service currently has vacancies at both our Before School and After School Programs for both permanent and casual bookings. Bookings can be made through the school office or directly at the program once an enrolment form for the service has been completed.

The Clifton Springs PS OSHC Team

#### UPDATING CONTACT DETAILS

In the next week or 2, we will be sending home the student information we have on file for you to update your children's contact emergency contacts, details, custody arrangements, medical conditions and any other information we have relating to your child.

PLEASE READ CAREFULLY & MAKE ANY ADJUSTMENTS WHERE NECESSARY, BEFORE SENDING IT BACK TO THE OFFICE.

> It is important we have accurate information in case of emergencies.

#### DATES TO REMEMBER—PLEASE CHECK FOR UPDATES

Tuesday 1 <sup>st</sup> March	3 Way Conferences	Thursday 17 <sup>th</sup> March	Bellarine Sec College – <b>SEAL</b> (Select Entry & Accelerated Learning) Info evening 7-8pm
Friday 4 <sup>th</sup> March	Outdoor Cinema at CSPS Tickets on sale now! *SSG meetings *District Swimming	Sunday 20 <sup>th</sup> March	Drysdale Market Food Van
Monday 7 <sup>th</sup> March	SSG Meetings	Monday 21 <sup>st</sup> March	Newcomb Secondary College Information night 7pm
Tuesday 8 <sup>th</sup> March	Parents & Friends Group AGM	Tuesday 22 <sup>nd</sup> March	*Matthew Flinders Information night. *House Cross Country Yr 3-6
Wednesday 9 <sup>th</sup> March	Finance Meeting 3pm	Thursday 23 <sup>rd</sup> March	Bellarine Dental coming again
Tuesday 15 <sup>th</sup> March	*School Council AGM & March meeting *Bellarine Secondary College- Tour and Information Evening	Thursday 24 <sup>th</sup> March	LAST DAY OF TERM 2:30pm Dismissal

#### **OVER THE COUNTER** Canteen Menu Term 1 - 2016

**Drinks** 

So Juicy 100% Orange Juice So Juicy 100% Apple Juice Oak Light Milk Strawberry Oak Light Milk Chocolate	\$1.50 \$1.50 \$1.50 \$1.50
Snacks	
Air popped popcorn with sea salt	\$0.50
Slinky apple	\$0.50
Steamed dim sim	\$0.50
Steamed corn cob	\$0.50
Homemade Cookie	\$1.00
Frozen fruit skewer	\$1.00
Magic Muffin	\$1.00
Smooze Fruit Ice Tube	\$1.00
Veggie Sticks with hummus	\$1.50
Fruit salad cone w/natural yoghurt	\$2.00

Our 3 - Way Conferences will be held: Tuesday March 1<sup>st</sup> 12:00pm - 7:45pm Students are required to attend their conference.

These conferences are a 15min discussion of your child's goals for the first semester and any additional items you may wish to discuss with the teacher about social progress, behaviour, home related issues, etc.

We will be supervising all students until the end of the school day. This is not a curriculum day and the normal programs will be operating prior to 12:00pm.

If your appointment is between 12.00pm and 3.30pm your child will meet you at their classroom to attend the conference with you.

Go to

Enter the school event

www.schoolinterviews.com.au

code. HJJH4











When you click *finish*, your interview timetable will be emailed to you automatically. Check your junk mail folder if you do not receive your email

Please make sure there is a 15min gap between each of your children's appointment times to allow time to get to the next classroom.

#### Canteen open

for over the counter sales only NO LUNCH ORDERS AVAILABLE

Canteen roster Friday Feb 26th 12.30-2.00pm

Nina Sladoja & Nicole Bignoux

#### Student School Banking day is TUESDAY.

Receive a token for every deposit and redeem your 10 tokens for a gift! Application forms available at the office, apply online or call 132221.



Rewards for Term 1 Wildlife Writer Set & Flying Snake Tail

#### WALKING CLUB FRIDAY

In an effort to promote health and physical activity, our motivated House Captains will be running a 'Walking Club' every Friday morning from 8:30am.

Walking Club Friday kicked off last week and it wonderful to see so many people take advantage of this great initiative.

As students arrive at School, they are asked to drop their bags at the door where they line up and make their way to the oval for a 'walk and talk'. When the music plays at 8:50am, children will head back up to their Parents, careers and siblings classrooms. are warmly invited to join in the Walking

Club each Friday.

See you on the oval!





#### COOKING WITH KIDS!

In most households, the kitchen is where the action is. Cooking with kids and sharing your kitchen with them encourages their interest in cooking and food. It's also a fun way to encourage healthy eating habits and skills for life. The added bonus is it is a great way to spend time with your child or children talking and helping each other.

Benefits of cooking with kids

Cooking with kids gives you the chance to introduce them to fresh, healthy food and interesting ways of cooking it. It can be lots of fun, and it's also a way of spending more time with your children.

There are also all sorts of things your child can learn while helping you to cook, including:

- what different foods look and feel like
- where foods come from
- how to get food ready for cooking for example, washing and peeling vegies
- what new words mean for example, whisk, peel, egg beater, grater
- how to understand measuring and maths concepts for example, half, one teaspoon, 30 minutes
- how to follow instructions in a recipe and do things step by step
- how to wait patiently for that cake to rise!

Below is a quick and very simple recipe that is also great for lunch boxes!

Pip Slice

1 1/2 cups of corn flakes

1 cup of rice bubbles

1 cup of oats

3/4 cup of coconut

1 can of condensed milk

Put altogether in a bowl mix well. Press into a slice tray and bake at 140 for 32 mins.

Variation: you can use a variety of different cereals, sultana bran and just right work well. Just remember no nuts if it's for school.

Enjoy!



The Geelong West Brass Band Open Air—a new Salvation Army Music Program replacing the Just Brass Bellarine Peninsula.



This year we have the expertise of the Geelong West Brass Band who are very generously partnering with The Salvation Army in donating their time and skills to provide brass tuition for *Open Air*.

A note has been sent home to all students from Grade 3-5 who are invited to express their interest in the program.

The <u>free</u> program commences soon

There will be a \$20 instrument hire fee per term

For more information see school office call Captain Peter Hobbs 0439 490 658



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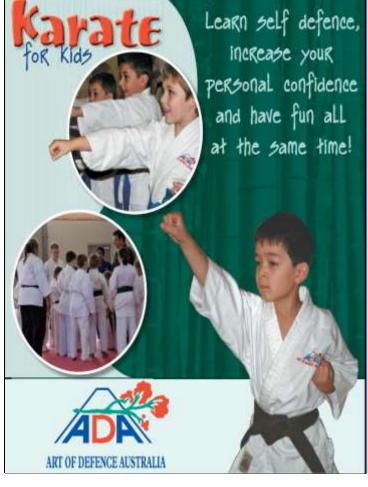
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New classes formed throughout term Private lessons \$30/30min

Classes in Tin Whistle, Recorder, Piano and Percussion also available

PH: 0411 103 260





INCONTINENCE . PREGNANCY AND POST NATAL RECOVERY . BACK PAIN

## School Camp this year? Worried about wetting accidents? Come to Inner Strength Physiotherapy.

The successful treatment of bladder and bowel problems takes time, come and see us early in the year to have the best chance of being dry for camp. At Inner Strength Physiotherapy we have qualified, experienced Paediatric Continence

Physiotherapists who offer skilled assessment and treatment of children's bladder and bowel problems.

#### Who should see us? Children with.....

- Constipation / faecal retention
- Faecal incontinence (previously called encopresis) or soiling
- Slow to toilet train for either bowel or bladder
- Day wetting, urinary urgency, ongoing urinary tract infections
- Bed wetting
- Children with both developmental and continence problems

#### Evidence Based interventions may include.....

Education of parents and child, Toileting programs, Teaching correct defaecation muscle dynamics, Pelvic floor muscle training / relaxation, Bio feedback, Bedwetting alarm programmes, Neuromodulation (TENS, Interferential), Liaison with kindergartens and schools, Working with medical or other specialist and services.

Children with problems present for longer than 6 months may be eligible for an <u>Enhanced Primary</u> <u>Care Rebate from Medicare- check with your GP.</u>

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## KG

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#### Tinies: Sub-Juniors:

7 years & under 10 years & under Monday 4:15-5:30 Monday 5:30-7:00

#### Juniors:

13 years & under Wednesday 4:15-6:15

Inters: 17 years & under Wednesday 6:15-8:15

Seniors: 16 years & over Monday 7:00-9:00

Classes held in Leopold, first 2 classes

#### freel

#### Contact Us:

p: Teresa 0407 807 274 w: www.eastsidecalisthenicscollege.com e: eastsidecalisthenics@gmail.com

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