

# Physical Education

*During Term Four, students in Years 5 and 6 will complete a unit we began before remote learning. The unit of soccer is designed to develop student understanding of basic attacking and defending strategies. Soccer is an invasion game and the skills of moving into space, developing a zone or player on player defence are transferable skills that will feature. Whilst working this unit students will also develop skills in kicking and positioning. Students have been placed into teams that they will be asked to work with on a regular basis. This will challenge students to cooperate together in a sustainable way.*

*Following our Soccer unit, we have secured funding from the Sporting Schools Program for a tennis program in our school. Tennis is a great sport to develop the skill of striking. Through tennis we will also continue to develop an understanding of strategy. Where to place/hit the ball, when to defend and attack and how to manipulate the body to allow the ball to be hit to a good position will be explored.*

*At the time of writing all sporting excursions have been postponed. There is a possibility that Athletics/interschool events may be still run later in Term 4. Our 5/6 sport sessions will therefore will focus on Athletics as these skills are transferrable into many sporting areas and will prepare students for any Lightning Premiership sports that may occur.*

