

Physical Education

During Term Four, students in Years 3 and 4 will complete a unit on Soccer that we began before remote learning. This unit is designed to develop student understanding of basic attacking and defending strategies. Soccer is an invasion game and the skills of moving into space, developing a zone or player on player defence are transferable skills that will feature. Whilst working this unit students will also develop fundamental Motor skills in kicking, running and jumping. Students have been placed into teams that they will be asked to work with on a regular basis. This will challenge students to cooperate together in a sustainable way.

Following our Soccer unit, we have secured funding from the Sporting Schools Program for a tennis program in our school. Tennis is a great sport to develop the skill of striking. Through tennis we will also continue to develop an understanding of strategy. Where to place/hit the ball, when to defend and attack and how to manipulate the body to allow the ball to be hit to a good position will be explored.

In Sport we will continue to develop the skills associated with athletics. Without an athletics carnival in 2020, it is important that students continue to develop their skills in Athletics as many skills are transferrable into other areas of fitness and sport.

